



कार्यालय आर सेवा प्रदान निर्वहक (पेंशन)  
द्रौपदी घाट प्रयागराज- 211014  
O/o THE PRINCIPAL CONTROLLER OF DEFENCE ACCOUNTS (PENSIONS)  
DRAUPADI GHAT, PRAYAGRAJ- 211014  
वेबसाइट : [www.pcdapension.nic.in](http://www.pcdapension.nic.in), email : [eda-albd@nic.in](mailto:eda-albd@nic.in)  
FAX Tele: 0532-2421877;2421879;2421880, Extension:2104,2105,2106  
Toll Free No: 1800-180-5321 (Timing-9:30 AM to 6:00 PM)



## **Important instructions for submission of Life Certificate by NRI Pensioners living abroad on SPARSH**

NRI pensioners/family pensioners have to submit their life certificate for current year through following way/method as per Proforma No. 5 of Appendix-11 of DPPI-2013 issued by an authorized official of the Embassy/High Commission of India, Consules of Indian Consulates or a Notary Public or an officer on an Indian Public Sector Bank attached to its branch in the country, where the pensioner is residing.

i) Through e-mails on mail IDs of SPARSH operating groups mentioned as under:-

<a href="mailto:sparsharmyco.dad@gov.in">sparsharmyco.dad@gov.in</a>	For CO (Army)
<a href="mailto:sparsharmypbor.dad@gov.in">sparsharmypbor.dad@gov.in</a>	For PBOR (Army)
<a href="mailto:sparshnavy.dad@gov.in">sparshnavy.dad@gov.in</a>	For CO (Navy) & PBOR (Navy)
<a href="mailto:sparshairforce.dad@gov.in">sparshairforce.dad@gov.in</a>	For CO&PBOR (Air Force)
<a href="mailto:sparshcivilian.dad@gov.in">sparshcivilian.dad@gov.in</a>	For Civil

ii) Through post addressed to the PCDA (Pensions), Prayagraj-211014 (U.P.)

IT & S (Website), please upload this important instruction on website.

Accounts Officer (SPARSH)

**FORM NO. 5**

**(Referred to in Para 68 and 72.4 (V))  
Life Certificate**

Certified that Shri / Smt..... holder of  
PPO No. ....PS NO. / TS  
NO.....issued by .....is alive on  
this date .....

Signature

Station : .....

Name.....  
Designation of  
Authorised Officer.....

Date.....

